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## Description:

**About the Author** MA, essayist, poet, writing teacher. Writing in newspapers, magazines and literary journals including Adbusters, Creative Non-Fiction, Japan Times, North American Review, Oakland Tribune, Kyoto Journal, Fiber Arts, Writer, others. Taught writing at California State University, JFK University. Worked with environmentalists in Japan. Student of Buddhist philosophy. Years of rural living. Built own house with hand tools. Sustainable living advocate.

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