

[PDF] Angry Men And The Women Who Love Them: Breaking The Cycle Of Physical And Emotional Abuse

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Description:

About the Author Paul Hegstrom is the founder of Life Skills International, a program designed to teach life skills to individuals with unacceptable behaviors and enhance family relationships through nurturing character and maturity. Paul holds a Bachelor of Science degree in pastoral counseling and a Ph.D. in marriage and family therapy. He is a certified cognitive behavioral therapist with the National Board of Cognitive Behavioral Therapists and has been featured by such national media as USA Today, Focus on the Family, The 700 Club, The Montel Williams Show, and The Coral Ridge

Hour. Paul and Judy Hegstrom's story was featured in the 1995 CBS movie, Unforgivable: The Life Story of Paul Hegstrom, which starred John Ritter.

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