## [PDF] Autobiography Of A Yogi

## Paramahansa Yogananda - pdf download free book



Books Details: Title: Autobiography of a Yogi Author: Paramahansa Yogananda Released: 2012–12–27 Language: Pages: 310 ISBN: 1619491257 ISBN13: 978–1619491250 ASIN: 1619491257

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## **Description:**

**From Library Journal** After half a century in print, this widely acclaimed autobiography is now available in a superb audio translation narrated by Academy AwardR-winning actor Ben Kingsley. The work is enduringly popular because it introduces millions of readers to Eastern spiritual thought. Yogananda's masterly storytelling epitomizes the Indian oral tradition with its wit, charm, and compassionate wisdom. The yogi begins by showing how his childhood experiences in turn-of-the-century India produced a spiritual youth in search of an enlightened teacher, continues with an account of his years of training in the hermitage of a revered master, and concludes with the highlights of a period, beginning in 1920, during which he lived and taught in America. Yogananda

sensitively interprets not only his own spiritual evolution but also his relationship with elements of the West's spiritual tradition, such as the story of Adam and Eve, providing a penetrating look at the ultimate mysteries of human existence. Bibliographical footnotes, which would have interrupted Kingsley's magnificent narration, are thoughtfully included in an accompanying booklet. This extraordinary work will greatly enrich any library.?James Dudley, Copiague, N.Y. Copyright 1997 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

**Review** "In the original edition, coming from the period of Yogananda's life, one is more in contact with Yogananda himself. It is prior to his institutionalization that often follows many great personalities once they have passed on. While Yogananda founded centers and organizations, his concern was more with guiding individuals to direct communion with Divinity rather than with promoting any one church as opposed to another. This spirit is easier to grasp in the original edition of this great spiritual and yogic classic." *--David Frawley, Director, American Institute of Vedic Studies* 

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