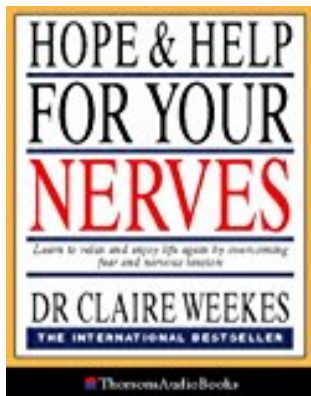


[PDF] Hope And Help For Your Nerves: Learn To Relax And Enjoy Life By Overcoming Nervous Tension (Thorsons Audio)

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Description:

About the Author Dr. Claire Weekes is the author of the bestselling **Peace from Nervous Suffering**, also available in a Signet edition. In addition, Dr. Weekes, best known for her pioneering

work in the study of nervous illness and anxiety, has lectured at psychiatric hospitals in Britain and has spoken often on radio and television both in Britain and in the United States.

--This text refers to the edition.

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