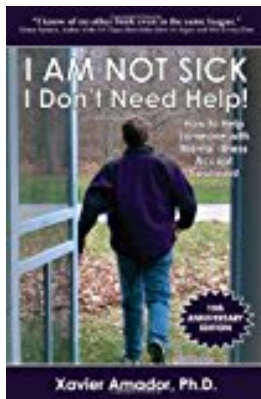


[PDF] I Am Not Sick, I Don't Need Help!: How To Help Someone With Mental Illness Accept Treatment (10th Anniversary Edition)

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Description:

Review I strongly recommend this book for [both] families and therapists. Aaron T. Beck, M.D.,
Professor of Psychiatry, University of Pennsylvania --University of Pennsylvania

I know of no other book even in the same league. Gerry Spence, Author of the NY Times Best-Seller How to Argue and Win Every Time --Trial Lawyers College

This is a wonderful book bringing together the personal experiences of a psychologist [who had a brother with schizophrenia]. Dr. Amador's research and clinical experience makes this book a rich source of information and practical advice. It is one of the salutary characteristics of our culture that people who experience pain convert that pain into something productive. People who are victimized by, stressed by, and dismayed by serious mental illness will find this book enormously helpful. It contains information about new research and concrete advice that will be of enormous help to both the families of the seriously mentally ill and to the mental health professionals who care for them. HERBERT PARDES, M.D., President, New York-Presbyterian, The University Hospital of Columbia and --Columbia University

About the Author Xavier Amador is an internationally sought-after speaker, clinical psychologist, Columbia University professor and Director of the LEAP Institute. His forensic cases include those of the Unabomber, PFC Lynndie England, the Elizabeth Smart kidnapping, and the Zacarias Moussaoui trial. Author of eight books, Dr. Amador has over 25 years experience working with adults, families and couples. He lives in New York.

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