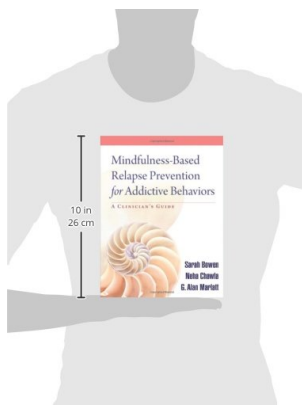


# [PDF] Mindfulness-Based Relapse Prevention For Addictive Behaviors: A Clinician's Guide

**Sarah Bowen, Neha Chawla, G. Alan Marlatt - pdf download free book**

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This authoritative book presents an innovative relapse prevention program that integrates mindfulness practices with evidence-based cognitive and behavioral strategies. Clinicians get essential information and materials for implementing the approach with their clients. Eight carefully



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