[PDF] Nutrition For Foodservice And Culinary Professionals

Karen E. Drummond, Lisa M. Brefere - pdf download free book



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Description:

Nutrition for Foodservice and Culinary Professionals, 9th **Edition** balances the perspectives of a nutritionist and a chef, offering the most up-to-date coverage of national dietary guidelines and engaging the learner in practical, hands-on application of each concept in the course. *Nutrition* **9**th

Edition is for nutrition (or "healthy cooking") courses in a culinary arts curriculum and intends to be a practical, how-to program with up-to-date information on national nutrition guidelines and standards for food preparation and labeling.

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