

[PDF] Running To The Mountain: A Midlife Adventure

Jon Katz - pdf download free book



Books Details:

Title: Running to the Mountain: A Mi
Author: Jon Katz
Released: 2000-03-01
Language:
Pages: 272
ISBN: 0767904982
ISBN13: 978-0767904988
ASIN: 0767904982

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Description:

Jon Katz couldn't afford a country house--his wife didn't want him to buy it; his career looked like it was going off track; and his daughter was about to leave home for college. But when he saw the view from a decrepit little cabin in the mountains, near Cambridge, New York, he knew he had to have the place. So, against all rational impulses, he bought the cabin and used it as a summer retreat. He read Thomas Merton, helped his best friend prepare to be a father, deepened his relationship with his dog, and wrote a book about the spiritual wisdom that came to him in everyday life. *Running to*

the Mountain: A Journey of Faith and Change includes some particularly elegant and urgent readings of Merton, whose central concerns Katz summarizes as well as anyone has: Merton was obsessed with a central issue for our time--figuring out how to live, trying to forge a life of balance, purpose and meaning. I've grown to share his obsession, his belief that life demands a lot of tinkering, and requires people to give birth to themselves not just once, but over and over. --*Michael Joseph Gross* --This text refers to an out of print or unavailable edition of this title.

From Publishers Weekly The fear of stagnation at age 50 drove Katz, a nonfiction writer (*Virtuous Reality*) and author of the Suburban Detective series (*Death Row*, etc.), to buy a rundown cabin he couldn't afford at the top of a mountain in New York State's rural Washington County. Here he spent long periods of time alone with his two dogs. His wife, Paula, initially opposed taking on a second mortgage at a time when they had not only a house in New Jersey badly in need of repairs but also a daughter who would soon be going away to college, but she eventually came to support his decision to seize this time for himself. Although not conventionally religious, Katz used the works of Thomas Merton as inspiration for his own spiritual introspection. He describes the pleasures of living on the mountain (including making a close friend), learning that he could cope with the problems associated with restoring a broken-down cabin and experiencing solitude in a natural landscape. Although Katz's ruminations, which include an extended imaginary conversation with Merton, are sometimes self-absorbed, there's no doubt that he found the faith in himself and the peaceful, reinvigorating retreat that he was seeking on the mountain. 35,000 first printing. Copyright 1999 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

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