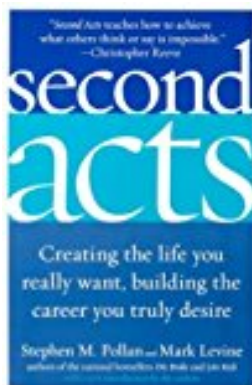


# [PDF] Second Acts : Creating The Life You Really Want, Building The Career You Truly Desire

Stephen M. Pollan, Mark Levine - pdf download free book

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**Books Details:**

Title: Second Acts : Creating the Li  
Author: Stephen M. Pollan, Mark Levi  
Released: 2003-12-23  
Language:  
Pages: 272  
ISBN: 0060514884  
ISBN13:  
ASIN: B0006ZRMGE

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## Description:

**From Publishers Weekly** After spending decades on Wall Street, Pollan, at age 48, became ill and was forced to re-create his professional life. Now he's working as an author (of more than a dozen financial and self-help books) and life coach, helping others to follow their dreams and stage their

lives' "second act." In this volume, Pollan and Levine offer tales of individuals of all ages who realized that something was missing from their professional or personal lives and decided to make major changes. Referring back to those real stories, the authors provide a guide to understanding dreams, translating dreams to life goals and overcoming the obstacles to making those goals into realities. Pollan believes that for some, it's enough to rediscover the joys inherent in a current career; for others, it means more drastic decisions. Peppered with inspirational accounts of "famous second acts" (including J.K. Rowling, Hillary Rodham Clinton, George Foreman and former junk bond king Michael Milken), this book offers useful exercises and helpful advice about changes that range from tweaks to overhauls.

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**Review** "Second Acts teaches how to achieve what others think or say is impossible." (Christopher Reeve )

"Stephen Pollan and Mark Levine show us that it's never too late to stage a heckuva comeback!" (Al Roker )

"Your life need not be the same. You can have a second act, Pollan shows you how." (Joan Lunden )

"Pollan's encouragement helped me convert my own fear and uncertainty into optimism and enthusiasm for continued personal growth." (Michael J. Fox )

For anyone looking for motivation, encouragement and help in creating dynamic life changes, this book is a must read. (Keith Harrell, Life Coach/Author of Attitude is Everything )

"Equal parts inspiration and explanation, Second Acts is a road map for the journey to a better life" (David Nivin, author of The 100 Simple Secrets of Happy People )

SECOND ACTS captures the changed career paths many of us will have; and shares the strategies needed to do it. (Susan RoAne, author of How to Work a Room )

Making your life significant during the Second Act can really make a difference for you and the lives of others. (Ken Blanchard, coauthor, The One Minute Manager )

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