

[PDF] The 5 Year Journal

Doreene Clement - pdf download free book

Books Details:

Title: The 5 Year Journal

Author: Doreene Clement

Released: 2006-02-01

Language:

Pages: 266

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Description:

From the Publisher I designed and wrote The 5 Year Journal TM and believed in the book so much that I was willing to self-publish it. I felt it was important to have this book out in 1999 for 2000. The process and the book have taught me a lot about myself and I am sure they will continue to teach me. I am especially learning about my own beliefs, or at times, the lack of them.

My belief in what I am doing, what I was given to do, has brought me here today and you here today. --This text refers to an out of print or unavailable edition of this title.

From the Author I love The 5 Year Journal TM! I love that people who have begun to use it are getting to much out of it. A mother and daughter and improving their communication with each other. A family is making it a weekly group activity, something they look forward to. A friend is using this book to focus herself, and track her progress while she writes her own book. I donated copies to a women's abuse shelter and was told that the women achieved clarity and support from the book.

My main goal in designing and writing this book was to give back; to make a contribution. Making a contribution and giving back has always been important to me. Now I have a way for that to state. I believe if we can heal, get clarity, have focus as individuals, that this will begin to reflect within ourselves, in our friendships, our work, our community, and globally.

I autograph the book with Here's for all those dreams, desires, ideas, thoughts, and feelings. Love Doreene --This text refers to an out of print or unavailable edition of this title.

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