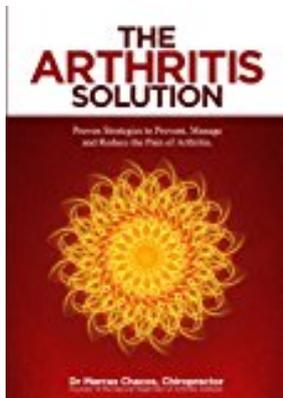


[PDF] The Arthritis Solution: Proven Strategies To Prevent, Manage And Reduce The Pain Of Arthritis

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Books Details:

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Description:

Review "This thorough book presents the solution to arthritis through wellness and healing of the whole body, mind and spirit. It gives you a better understanding of the contributing factors of arthritis as well as many misconceptions surrounding those factors. The author is sure to show you

the science and studies that show the safety and effectiveness of these natural remedies. I would think that adding this action guide to your library would do just about anyone a lot of good."

- Paul Bowman

"An approach that has a fundamentally different philosophy to the medical management of arthritis. Clear and simple guidelines that anybody can follow. Empowers people to be responsible for their own health - a refreshing change."

- Steve H

"An excellent book that offers a holistic alternative, providing hope rather than a dead-end, 'just deal with it' answer to those that are affected by arthritis whether personally or in a supporting role. I found whilst reading *The Arthritis Solution* I was in constant agreement and alignment with each and every word!"

- Kieren Sands

"Thank you Marcus for a very informative read. You have a compelling way with words that keep the reader interested in what you have to say. I have listened to many of your seminars and being a student in the natural health industry find your work motivating and inspiring."

- Kerry

From the Author This book was written because I whole-heartedly believe there is an ***Arthritis Solution***.

My father lived the last years of his life crippled with arthritis pain. This was the driving force behind finding an ***Arthritis Solution*** and writing this book. This is now my gift to you.

You see, there is a way to prevent arthritis and experience arthritis relief. There are natural remedies for arthritis that stop arthritis pain! There is a way to provide natural arthritis treatment that offers arthritis sufferers help beyond what they imagined.

Enjoy--and be transformed!

Dr Marcus Chacos

Chiropractor

Author of *The Arthritis Solution*

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