

# [PDF] The Outdoor Dutch Oven Cookbook, Second Edition

Sheila Mills - pdf download free book

---



**Books Details:**

Title: The Outdoor Dutch Oven Cookbo  
Author: Sheila Mills  
Released: 2008-08-28  
Language:  
Pages: 208  
ISBN: 0071546596  
ISBN13: 978-0071546591  
ASIN: 0071546596

[\*\*CLICK HERE FOR DOWNLOAD\*\*](#)

---

pdf, mobi, epub, azw, kindle

**Description:**

**From the Back Cover**

The Dutch oven accompanied pioneers west in the chuckwagon and was noted by Lewis and Clark as one of their most valued pieces of equipment. This remarkable cooking pot remains an efficient way to prepare food on an open fire and is considered essential by paddlers, car campers, RVers, and even backpackers (thanks to new, lightweight materials). A simple cast-iron or aluminum container

with legs, the camp Dutch oven is incredibly versatile, taking the place of a host of outdoor cooking utensils. With its snugfitting lid, it becomes an oven when heated with charcoal briquettes and can be used for baking, braising, stewing, or roasting. With the lid removed, the oven becomes a kettle for boiling, deep-fat frying, or heating food quickly over a fire.

Marrying the traditional cast-iron pot with contemporary cooking styles and tastes, *The Outdoor Dutch Oven Cookbook* offers more than 200 creative, delicious, original recipes--each prepared, tested, and refined by Sheila Mills, one of America's finest outdoor cooks. This is not your usual cowboy kettle fare of meat, beans, and biscuits! Rather, these are healthy, innovative, gourmet recipes, developed by Sheila and her friends over twenty years and served to thousands of whitewater-rafting passengers on trips down the Middle Fork of the Salmon River.

Best of all, the recipes are easy to prepare, whether you're on a remote riverbank or in your own kitchen. Sheila has adapted the recipes for indoor cooking, providing alternative instructions, times, and temperatures for the conventional oven or stovetop.

Sheila and husband, David, have a great love and concern for the river environment. *The Outdoor Dutch Oven Cookbook* includes an invaluable section on low-impact camp cooking, providing techniques and rules of etiquette for gathering and burning firewood; disposing of waste water; keeping food cold, fresh, and safe to eat; and practicing no-kill, catch-and-release fishing. With handy lists of camp cooking equipment and time-saving tips, plus sections on the care and use of Dutch ovens and where to buy them, this truly is a one-stop reference for Dutch oven cooks.

Paddlers, campers, and other outdoorspeople--Would you like to add these recipes to your outdoor fare?

## BREAKFAST DISHES

- Avocado Frittata
- Huevos Middle fork
- Gingerbread Corn Cakes

## BREADS

- Parmesan Popovers
- Sage and Olive Focaccia Bread
- Sweet Potato Pecan Muffins

## APPETIZERS AND SNACKS

- Crab-stuffed Mushrooms
- Asparagus and Cheese Sandwiches
- Not-for-the-Fainthearted Nachos

## MEAT AND MEATLESS MAIN DISHES

- Dutch Oven Enchiladas
- Polenta with Wild Mushrooms
- Halibut with Pineapple Salsa

## DESSERTS

- Raspberry Bread Pudding

- Alpine Apple Crisp
- Sour Cream Raisin Pie

After 20 years of feeding river runners from all over the world, Sheila Mills knows what hungry outdoorspeople like to eat. In the *Outdoor Dutch Oven Cookbook*, she uses a traditional cooking tool to create a new dimension of contemporary, innovative recipes for everything from salads to desserts. This is camp cooking as you've never tasted it! --This text refers to an out of print or unavailable edition of this title.

### **About the Author**

**Sheila Mills** has served as head chef and co-owner (with her husband, David) of rafting outfitter Rocky Mountain River Tours ([www.RockyMountainRiverTours.com](http://www.RockyMountainRiverTours.com)) for 30 years. Many of the passengers Sheila and David guide down the Middle Fork of Idaho's Salmon River return year after year, thanks in no small part to Sheila's Dutch oven cooking. The recipes have been featured in the *Wall Street Journal*, the *New York Times*, and *Every Day with Rachael Ray* and have helped establish the company's international reputation.

---

- Title: The Outdoor Dutch Oven Cookbook, Second Edition
  - Author: Sheila Mills
  - Released: 2008-08-28
  - Language:
  - Pages: 208
  - ISBN: 0071546596
  - ISBN13: 978-0071546591
  - ASIN: 0071546596
-