

[PDF] The Power Of Concentration

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Description:

Review

We all know that in order to accomplish a certain thing we must concentrate. It is of the utmost value to learn how to concentrate. To make a success of anything you must be able to concentrate your entire thought upon the idea you are working out.

If you will just practice a few concentration exercises each day as outlined in this book, you will find you will soon develop this wonderful power

About the Author V. V. Gurucharan, currently a freelance writer, has worked as a sub-editor and

reporter with The Indian Express. He regularly writes features in various newspapers on a variety of topics such as sports, music, and drama. Deeply interested in music, he holds a diploma in classical music from Andhra University. He stays in Visakhapatnam with his family and is writing stories for children and a biography of the saint-singer Tyagaraja.

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