## [PDF] The Seasons On Henry's Farm: A Year Of Food And Life On A Sustainable Farm

Terra Brockman - pdf download free book



Books Details: Title: The Seasons on Henry's Farm: Author: Terra Brockman Released: 2010-12-10 Language: Pages: 310 ISBN: 157284115X ISBN13: 978-1572841154 ASIN: 157284115X

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## **Description:**

**From Publishers Weekly** After reading Brockman's lyrical portrait of a central Illinois sustainable farm, citizens of the Fast Food Nation and Slow Foodies alike will gain a renewed appreciation for a fresh tomato or a fistful of basil. Covering a year on her family's farm, biologist and writer Brockman takes readers through the cycle of farming, transmitting the chill of numb fingers harvesting lettuce and the searing heat of cucumber and tomato harvests, not to mention the meticulous winter

seeding and backbreaking weeding that ensure a successful crop. Brockman doesn't pull any punches, from the slaughter and processing of poultry, to the politics of plastic shopping bags at the farmers' market, to harrowing tales of pesticides that will have readers rethinking supermarket peaches. Digressions involving farming methods and quirky residents like Lucky Tom the turkey entertain rather than distract; recipes for fresh corn, pea soup and fried green tomatoes also enhance Brockman's multi-dimensional take on what, in less gifted hands, could have been a pedestrian story. Sure to inspire a trip to the farmers market, and a much deeper appreciation of its bounty, Brockman covers her subject with hard-earned expertise and organic passion. Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to the edition.

**Review** "This literary, yearlong memoir documenting the weeks on a central Illinois sustainable farm is filled with poetry and beauty as well as advocacy and science...This is not a confrontational book that takes on corporate chemical farming. It's a gentle book that points to an alternative path."--- Clare Howard "Peoria Journal Star "

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