

[PDF] Unplugged Play: No Batteries. No Plugs. Pure Fun.

Bobbi Conner - pdf download free book

Books Details:

Title: Unplugged Play: No Batteries.

Author: Bobbi Conner

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Description:

From Publishers Weekly Conner, author (*Everyday Opportunities for Extraordinary Parenting*) and host of the popular public radio program *The Parent's Journal*, offers more than 700 ideas for play without plugs, batteries or beeps in this imaginative collection. Conner points out that electronic play has a number of drawbacks—contributing to the rise in childhood obesity and isolation, and limiting creativity—while unplugged play builds strong bodies, helps kids forge friendships and expands the mind. In an effort to get back to the basics of play, Conner began collecting and inventing hundreds of games, then tested them on groups of children ages one to 10. The author divides the book into three sections—for toddlers, preschoolers and the six-to-10 set—with subsections on solo play, parent and child, playing with others and birthday parties. She covers a

wide range of activities, from noodle necklaces to toddler basketball with a laundry basket, including indoor and outdoor play for rain or shine, with clear instructions as well as discussions of safety issues. Child development experts such as Fred Rogers and Benjamin Spock have emphasized the significance of play; Conner has taken her sources at their word and produced a fun-filled compendium likely to become a dog-eared resource for parents seeking whimsical yet practical ways to unplug the electronics and promote the physical, cognitive and emotional benefits of plain, old-fashioned play. (*Aug.*)

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Review "Top quality brain food for parents. Bobbi Conner consistently offers the best public radio there is for child-aware people, and everyone can afford it." - Dr. Penelope Leach, developmental psychologist and author of YOUR BABY AND CHILD."

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